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| **Samaritans Branch** | **Custody Suite Location** | **Samaritans Branch – Confidential Answerphone Number** |
| **Herts & Essex (Ware)** | Hatfield / Hoddesdon | 01920 468578 |
| **North Herts (Hitchin)** | Stevenage | 01462 623276 |
| **Bedford (Bedford, North Beds and Central Beds)** | Kempston | 01462 623276 |
| **Luton, South Beds & Harpenden** | Luton | 01920 468578 |
| For Emotional Support 24 Hours a Day, 365 Days per year for anyone at any time, **call Samaritans on 116 123 free.** |