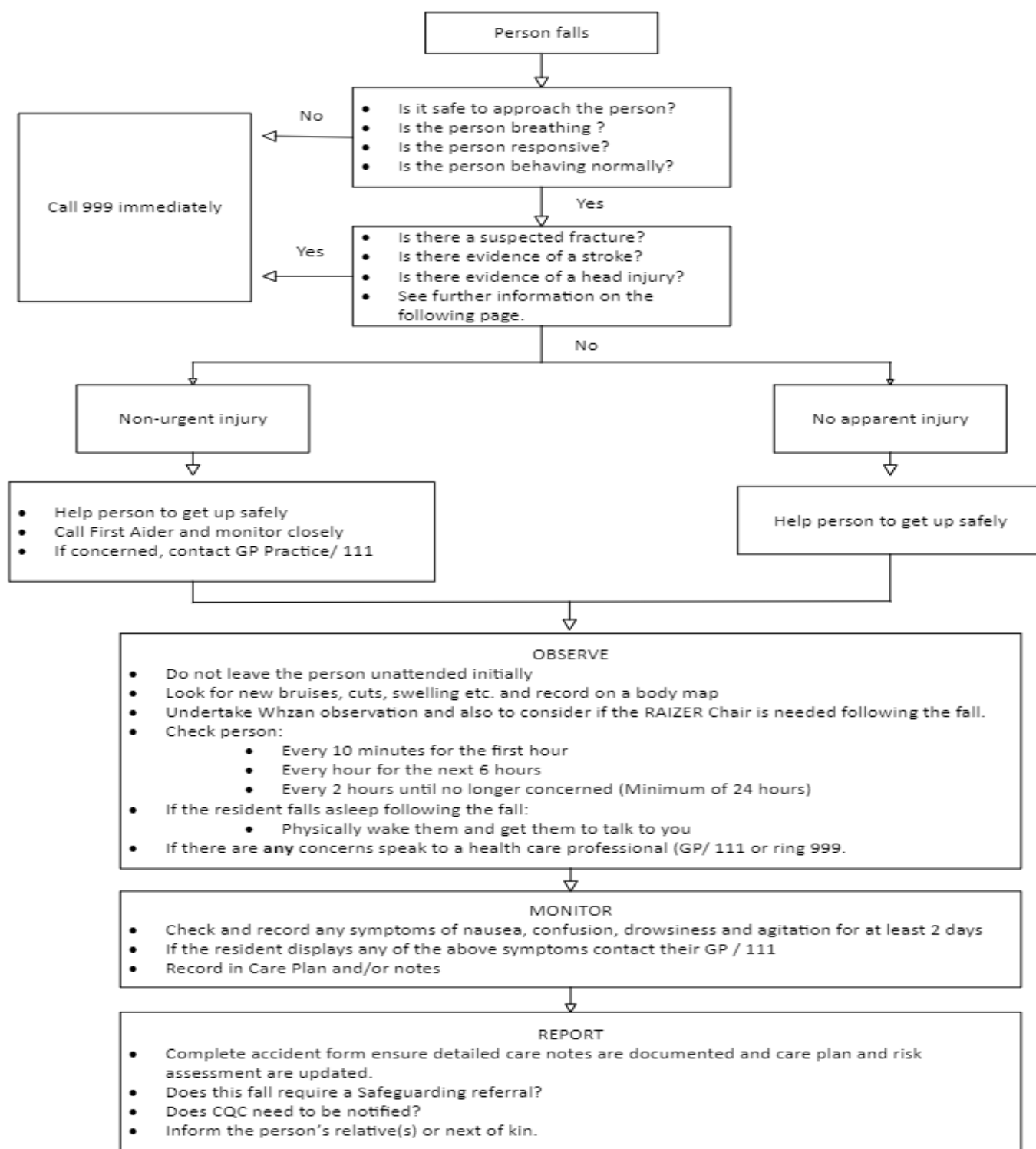


Post Falls Assessment

Care and Support Services



Levels of responsiveness – AVPU

A – Alert

No immediate action.

V – Respond to voice

Call an ambulance immediately.

P – Respond to Physical Stimulus

Call an ambulance immediately.

U – Unresponsive

Call an ambulance immediately.

Possible signs of a fracture

- Shortening of limbs

- Restricted limb movement

- Inability to weight bear

- Pain on applying pressure

- Deformity

Signs of a Stroke – FAST

F – Facial movements

Ask the person to smile or show their teeth and look to see if there is any new lop-sidedness/unevenness.
Lift both person's arms together and ask them to hold this position for five seconds and then relax.

A – Arm movements

Look to see if one arm drifts down or falls rapidly - unusually for that particular person.

S – Speech

Is there new slurring or difficulty with words?

T – Time

Time to call 999 if you see any single one of these signs.

Head Injury Advice

Make sure the person:

- Stays within easy reach of help for the first 48 hours.
- Has plenty of rest and avoids stressful situations.
- Avoids taking any alcohol or drugs, sedatives or tranquillizers, unless they are advised/given by a doctor.

If they develop **any** of the following, call 999 immediately:

- A change in consciousness or experience confusion.
- Fluid leaking from the ear or nose.
- Drowsiness when they would normally be awake.
- New problems with understanding or speaking, loss of balance, problems walking or weakness in one, or both, arms or legs.
- New problems with their eyesight shortly after the injury.
- Vomiting or seizures.